



INTRAVENOUS (IV) CONSCIOUS SEDATION INSTRUCTIONS

BEFORE SEDATION

1. DO NOT EAT FOR 8 HOURS PRIOR TO YOUR DENTAL APPOINTMENT. Take any prescription medications as prescribed with only water.
2. Refrain from consuming alcoholic beverages for 12 hours before this procedure.
3. Disclose to Dr. Elkhoury or his staff any and all medications and drugs you are currently taking.
4. Disclose to Dr. Elkhoury or his staff any abnormalities in your current physical status or past medical history including any history of alcohol or drug abuse or any abnormal or allergic reactions to any drugs or medications which you have taken.
5. Arrange for a responsible adult to drive you to Dr. Elkhoury's office, be accessible to Dr. Elkhoury or his staff during the procedure, drive you home after the procedure and be with you until the effects of the sedation have worn off.
6. The day BEFORE your appointment, drink plenty of water
7. Wear short sleeves. Wear loose comfortable clothes.
8. Do not wear make up of ANY sort. Do not wear jewelry.
9. Remove all nail polish.

AFTER SEDATION

1. Arrange for a responsible adult to drive you home after the procedure and be with you until the effects of the sedation have worn off.
2. Refrain from consuming any alcoholic beverages for 24 hours following this procedure.
3. Limit your diet to clear liquids and soft foods such as Jell-O, apple juice, bland soup, Gatorade, 7-up or Sprite. If you do not feel nauseated you may try foods with more substance. Avoid citrus juices and dairy products as they may cause nausea.
4. Take it easy and REST.
5. If you have any questions or concerns, please call Dr. Elkhoury at 707.252.7250 or at 707.938.2155.